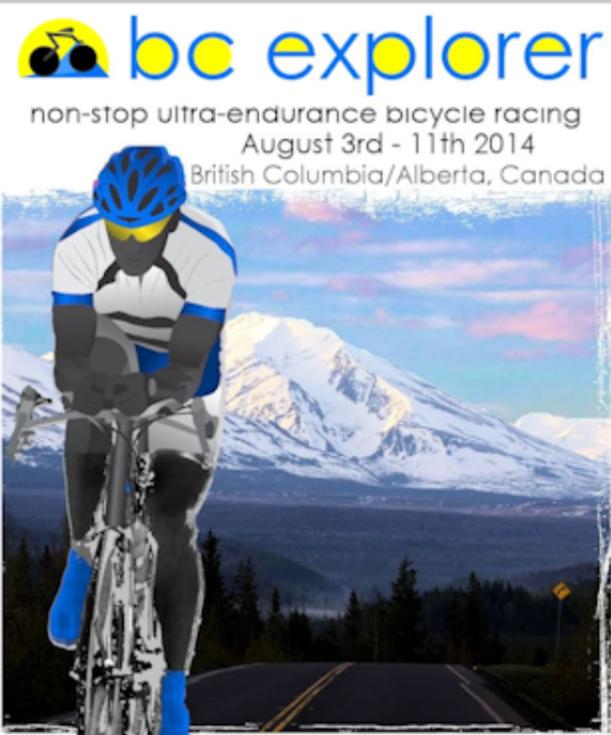




British Columbia, Alberta, Canada
August 3rd to 11th, 2014
RIDER INFORMATION





bc explorer
non-stop ultra-endurance bicycle racing
August 3rd - 11th 2014
British Columbia/Alberta, Canada

BC EXPLORER.CA
REGISTRATION NOW OPEN
SOLOISTS TANDEMS 2 & 4 RIDER TEAMS
2,820 Kilometers + 39,000 meters UP

Welcome and thank you for your interest in the BC Explorer!

Ride Canada is very proud of the challenge that we have created. Not only is it one of the most demanding cycling events anywhere on earth, the Canadian provinces of British Columbia and Alberta provide a race course that are sure to inspire and keep your support crew's cameras working almost as hard as you do.

Ride Canada hopes that you will join us as we will do our very best to make you feel welcome, guide you through the process of preparing and do our utmost to instill a safe approach to executing your race plan.

Our staff will be happy to answer your questions and even advise you on organizing your race team and

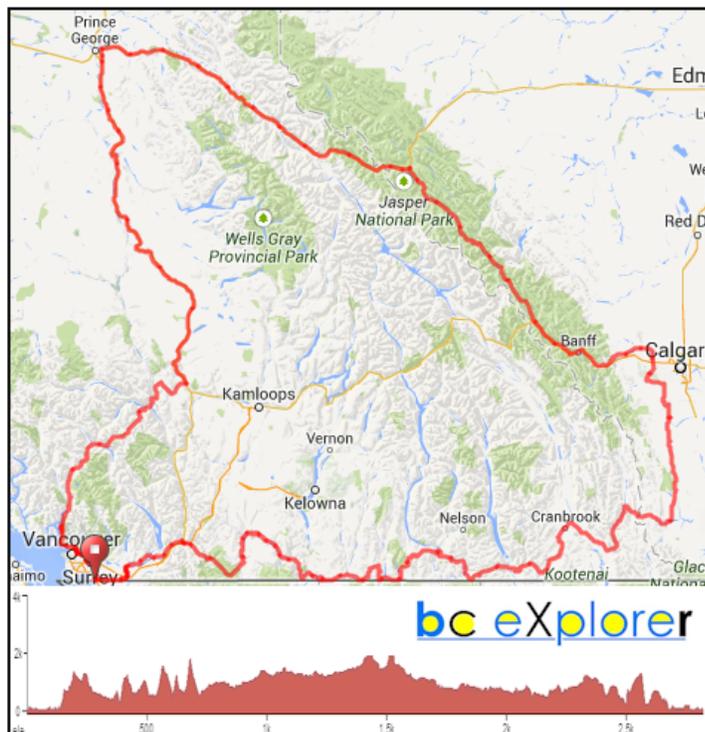
support crew before the race. Our website will provide various resources beneficial in recruiting crew members, arranging for support vehicles, accommodations and sourcing any other items or services you may require.

We wish you good luck, a safe fast journey and all the adventure you can handle.

Perry Stone
Race Director
BC Explorer

★ The BC Explorer

The BC Explorer is a 2,807 kilometers long single-stage ultra-endurance road race that tests riders with a monumental 29,950 meters (nearly 100,000 ft.) of climbing as it winds its way through the most stunning snow-capped mountains, rich green rainforests, World Heritage sites, national parks and wildlife protected areas that Canada has to offer. A spectacular journey that never stops challenging and enticing riders, the BC Explorer allows each cyclist to discover just exactly how far they can go.



The BC Explorer starts and finishes near the shores of the Pacific Ocean in picturesque White Rock, British Columbia. But for the riders, the picture abruptly changes with 4 category 1 climbs to conquer the first day. Riders and their escort crews travel through Manning Provincial Park, up over Copper Mountain to Princeton, BC, onward to Peachland, BC and then south on the shores of the 135 kilometer long Okanagan Lake (said by some to be home to a giant serpent-like creature named Ogoopogo) past Summerland and into Penticton, BC.

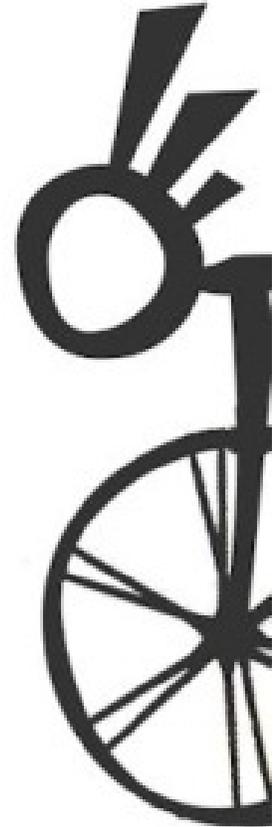
While the glistening waters of Okanagan Lake and the surrounding orchards and vineyards might have produced a calming effect on rider's outlook, leaving Penticton will assist them in dialling their focus back in on the task at hand. Because next up is a daunting collection of 8 category 1 climbs and 8,600 meters of total climbing over the next 515 km of riding on their way to Elko, BC. An area of the course that is guaranteed to thin out the field; most riders will need to rethink their race plan at this point as they gear up for more mountains.

From Elko to Sparwood, BC and into the Province of Alberta through Kananaskis Country and Banff National Park the course levels out in the high Alpine country where riders constantly encounter summits of approximately 2 kilometers in the sky. Bears are often seen nibbling on the wildflowers that populate the grassy meadows that flourish in the shadows of the Canadian Rockies.

Riders will not only see ancient glaciers, they will smell and feel the cool winds that constantly swirl and soar atop these gigantic ice formations. While road traffic is limited to mostly vacationers and support services, riders will share the scenery with mountain goats, deer, eagles, hawks and other wildlife. Under a summer sun, there is no other place like it on earth. Leaving Banff National Park, staying on the world acclaimed Icefields Parkway riders head directly into Jasper National Park where they will encounter more natural beauty in the high Alpine of the Canadian Rockies although the descent has begun as the route returns to about the one kilometer high level.

It is here where BC Explorer riders leave the Tour of BC route and head west to Prince George, BC where they re-join the Tour of BC route. Along their course cyclists ride through Mt. Robson Provincial Park and past the start of the Fraser River (which flows into the Pacific Ocean not that far from the finish line). This area involves moderate climbing allowing riders to recover before heading along highway 97 and its seemingly endless rollers (18 cat 5 climbs) on their way to Quesnel, Williams Lake, 100 Mile House, Clinton and into Lillooet, BC.

From Lillooet, the BC Explorer travels to Pemberton via extremely windy and steep roads on route to the home of the 2010 Olympic Winter Alpine events; the ski-resort village of Whistler. The finish line is now so close riders can begin to imagine themselves crossing the finish. A quick 5 hour ride down Highway 99, into Squamish and Vancouver and suddenly riders are a couple of bridges and 70 kilometers from where it all started in White Rock, BC.

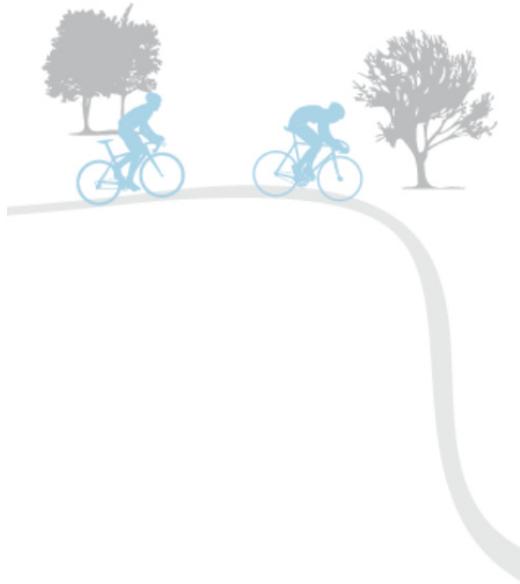


BC Explorer Time Limits (kilometers)

Number of Riders	SOLO	Pace	TWO	Pace	FOUR	Pace
ELITE	130	21.54	104	26.92	88	31.82
COMPETITOR	156	17.95	138	20.28	120	23.34
FINISHER	192	14.58	184	15.21	168	16.67

In total; riders will have to contend with 62 cat 5 climbs, 23 cat 4 climbs, 14 cat 3 climbs, 11 cat 2 climbs and 16 category 1 climbs! We are sure that you will agree that the BC Explorer is an incredible challenge!

To participate, each rider must organize their own escort crew who enhances team safety and enable riders to concentrate on the cycling.



The BC Explorer is open to soloists and relay teams with 2 or 4 riders who are over the age of 19 with the physical ability, desire and means to compete. Riders are timed from the start to finish line and strive to earn one of three levels of accomplishment.

★ Participation Guidelines

While participating in the BC Explorer is open to most people, Ride Canada does retain the right to reverse a rider's registration based on safety or other concerns they feel would be detrimental to the athlete or the event.

To make the challenge more approachable we have developed three separate levels of recognition for riders completing the course. These levels of recognition are: Elite, Competitor and Official Finisher. The table above indicates the time limits involved and are for all racers in all divisions regardless of age or gender. Please keep in mind that riders are timed 24 hours a day and the pace indicates the average speed to be maintained on that basis. For soloists who will not ride 24 hours a day they will have to maintain a faster on bike time than those indicated in the table. Riders that cannot maintain the minimum pace will not earn official recognition for completing the BC Explorer. (These time limits may be adjusted prior to the race start.) Racers will also be recognized by their finishing position within their category and division.

★ Classifications and Bicycles

'Keep it simple' is our mandate for the BC Explorer in 2014. While statistical data will be recorded, reported and kept in every conceivable division and category the event will be structured in general classifications such as solo riders, 2 rider teams, 4 rider teams, and 8 rider teams. At this time there are no plans to make distinctions for gender or age in conjunction with our three recognized levels of





accomplishment, but special recognition will be awarded for different ages and genders in various categories. All soloists, 2, 4, & 8 person teams regardless of age, gender or type of bicycle will race within their general division.

Riders may ride any bicycle or human powered vehicle desired; road, mountain, single-gear, fixed gear, hand-cycles and recumbent bikes are all welcome. The BC Explorer will recognize the finishing times of all different bicycle types and human powered vehicles entered. In 2014 each first place finisher will establish a course record.

For example if you are part of a 4 person relay team with both male and female riders your team will be entered into the 4 person team division. If you finish in 1st

place overall you will establish the record for 4 person teams. If your team finishes 1st amongst mixed 4 person teams you will establish the record for 4 person mixed teams. BUT, if you finish in more than 224 hours, even if you finish in 1st place your team will be recognized only as an official finisher.

Riders 60+ like all other riders must finish within the time limits stated and no extra time will be granted, however the BC Explorer will recognize unofficial finishers at the discretion of the race director.

★ Self-Supported

Ultra-endurance cycling is self-supported racing and each entrant whether a soloist or a member of a relay-team must meet the minimum requirements for racing as set by our guidelines. In general terms each team must have a support crew that has a minimum of two-escort vehicles and enough crew members to allow proper rest for each crew member. Safety is everyone's top priority and it must be yours! Once registered, participants will receive a complete rule book detailing minimum requirements and all safety procedures.

★ Fees and Registration Process

Ride Canada firmly believes in doing everything in its power to limit the cost of participation and has created many initiatives towards assisting participants. You will find our registration fees are far less expensive than any comparable event, (Fees listed below) but in addition to that we created a race course that starts and finishes in the same location. This is considerable factor for getting to and from the BC Explorer. Our host city of White Rock is ideally located 40

kilometers from two international airports, Bellingham International in Washington State and Vancouver International on the Canadian side of the border. Race rental vehicle may be rented and returned to the same location.

★ Registration Entitlements

In addition to an official entry into race and circuit they selected, all participants will receive:

Complete route book in digital format and an appropriate number of printed route manuals that will include routing information and a general overview of where to find internet access, hotels, motels, rest areas, camping facilities, bike shops, restaurants, grocery stores and gas stations.

Solo and team entries will be provided with identification numbers to be applied to support vehicles and to each cyclist's helmet or bicycle. Each solo team receives decals for two vehicles. Each team receives decals for 4 vehicles and the corresponding number of riders. Additional stickers may be purchased for additional vehicles. All support vehicles are required to be identified and approved.

All official finishers (+) will be rewarded with a commemorative recognition of their level of accomplishment and will be enrolled in our Original Rider program which provides distinct recognition in future races and discounts on future race registrations.

Contact Information

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